

# FINDING

# Work in ...

Informing  
Attracting  
Developing  
Retaining



## REHABILITATION WORKER

### QUICK FACTS

- Provide daily personal care for people with specific needs or disabilities.
- Provide support to be involved in community activities.
- Help maintain and improve the quality of life of individuals.
- This is a field with many opportunities.
- Employees report a high degree of satisfaction in making a difference in the lives of people they support.

### NATURE OF WORK

- Develop and monitor services for individuals.
- Carry out activities for the personal care and well-being of individuals.
- Report any changes in individual's condition or behavior.
- Make sure the surroundings are safe, comfortable, and clean.
- Identify issues of concern.
- Provide training and support for life, community, personal, and/or job skills.
- Make sure that the proper safety precautions are used.
- Report any unsafe conditions.
- Match clients with good community placements.
- Change living conditions to suit each individual.
- Provide follow-up services.
- Make sure client is socializing and being included in the community.
- Support individuals in their daily routines and community settings.

- Lifting, positioning clients, and pushing wheelchairs.
- May be required to plan and join vacations for individuals.
- Keep all information private and confidential.
- Help individuals with exercises as planned by therapists.
- Take part in staff training.
- Take an active part in fire-prevention and safety, basic skills training, CPR and First Aid.
- May include general housekeeping duties.
- Help with planning programs for individuals.
- Follow policies and procedures.
- Take care of reports and files.



- Shift work may be required to include days, evenings, nights, weekends and holidays.
- The average wage range for a Rehabilitation Worker in Southeastern Alberta ranges from \$12.15 to \$18.30 per hour.
- For additional information, visit [www.alis.gov.ab.ca](http://www.alis.gov.ab.ca) (NOC# 4212).



### WHAT EMPLOYERS LOOK FOR

- Completion of one-year post-secondary education in Rehabilitation Studies or post secondary education in Human Services is desirable.
- A Grade 12 Diploma.
- Education and experience.
- Adult upgrading may be considered.
- First Aid and CPR certification is required.
- Some employers may require in-service training courses.
- *Basic Skills Training (BST)* may be required within 12 months of employment.
- At least six months volunteer experience in human services field will be considered.
- Good communication skills.
- Good organization and time management skills.
- Respect for others.
- Professional in appearance and conduct.
- Showing initiative and enthusiasm.
- Ability to make good decisions.
- Able to help solve problems and conflicts.
- A sincere interest in working with people with disabilities.
- The ability to get along with a variety of people.
- The ability to work alone as well as within a team.
- Able to keep client confidentiality.
- Flexibility, reliability and dependability.
- Computer skills may be required.

### RELATED TRAINING OPPORTUNITIES

- Training and experience can provide opportunities to advance to Team Supervisor or other positions within the field.
- Rehabilitation Studies Certificate available through Medicine Hat College ([www.mhc.ab.ca](http://www.mhc.ab.ca)).
- Foundations Training or Basic Skills Training available through employers.
- Distance Education Training opportunities may be available.
- Visit the **Corporate Education Network** for additional training opportunities specifically in Southeast Alberta ([www.cenetwork.ca](http://www.cenetwork.ca)).

### HOW TO APPLY

- Hiring procedures vary depending on the employer.
- Generally, job seekers are to submit a resume or complete a company application form.
- Apply in person, by mail or by fax directly to the company office.
- Applying in person is preferred.
- In some cases, a company application form may be available on-line at the company website. A formal interview will follow.
- Check [www.jobbank.gc.ca](http://www.jobbank.gc.ca) for current job listings in Southeast Alberta.

### POTENTIAL EMPLOYERS

- CORE Association, Medicine Hat ([www.coreassoc.net](http://www.coreassoc.net))
- Palliser Health Region includes:
  - Alfred Egan Home, Bow Island ([www.palliserhealth.ca](http://www.palliserhealth.ca))
- Redi Enterprises, Medicine Hat ([www.redi.ca](http://www.redi.ca))